



# July 2026

Indigenous UK Weather Forecast

JULY 2026  
PREAMBLE



Up to July 14<sup>th</sup>: Lavender



July 15<sup>th</sup>: Lily



July 20<sup>th</sup>: Poppy



July 22<sup>nd</sup>: Rose

*Photo credits due to: Wildlife Trusts & Gardeners World*

Flower of the month: Larkspur

Tree of the month: Up to 7<sup>th</sup> is the Oak, thereafter Holly

Full Moon this Month: Buck Moon

*“Everything good, everything magical happens  
between the months of June and August.”*

*Jenny Hann*

### Collated expert notes on July:

Now for the collated expert notes on July: Between 30 June and 2 July there is generally a small drop in temperature. The first week in July is in any case a period of rather variable temperatures, with weather tending to be unsettled, certainly showery if not markedly wet, and usually some thunderstorms occur from time to time in most districts (which is why it invariably rains during the Wimbledon tennis tournament). From 9 to 25th July temperature levels are generally higher. The thunderstorm risk continues, though the frequency of the outbreaks decreases. However, when these storms do occur, they are heavy, and southern England can be badly affected – northern districts rather less so. Conditions generally during this middle period of July tend to be sultry and humid, with winds blowing lightly or at moderate strength for the south. From 26th July to the end of the month it is normally cooler, with rather wet and unsettled weather affecting all districts. Moderate to fresh south-westerly winds are common and may be strong at times in the north. The period 13 -15th July is a Buchan warm period often with the hottest days of the year (even though the 15th is St Swithin's day – a rainy day in folklore). The last two days of the month (30/31st) too in recent years have tended to be very hot days too.

### Notes from Nature:

And suddenly (much to my surprise, and out of nowhere), comes the winter clues. Galls are forming on the undersides of oaks. Oak apples in plenty. Tall seed bearing plants everywhere, fruit in abundance again, and look at how full the trees are of beech and hazelnuts this year – there are more nuts than last year without question.

Super delighted to see the recovery of blackbirds this year, there was a huge drop in numbers last year, the same applies to squirrels. Many more insects this year too. Speaking of insects I have seen some truly enormous dragonflies this year!

All in all, when I reflect back something felt out of balance last year – wrong even. It was a mast year but that doesn't cover it. This year everything feels back in balance which is good news. Perhaps last year was just too dry?

The wind direction on June 24<sup>th</sup> was for the majority N/ NE which is unusual and has not been recorded by Dave since 2009. There might be a clue there.

The importance of the hottest day in June cannot be understated. This will correlate to the coldest date in February 2026. 37.7c was recorded in Norfolk. A record breaker. Yikes.

### July Forecast:

July is likely to be a mix of frequent rain showers, with sunshine. The opening few days of July may be a little chilly, but average temperatures are expected overall. A perfect growers month, really. Around 21<sup>st</sup> July we could be in for a particularly rainy week. The best chance of a fine, dry spell will be around 12<sup>th</sup> – 15<sup>th</sup> July. I think it is unlikely, but not impossible – that we will see another heatwave like we've just had.

JULY 2026

Last Quarter Moon = 7<sup>th</sup> @ 20:29 = Rainy

New Moon = 14<sup>th</sup> @ 10:43 = Frequent Rain Showers

First Quarter Moon = 21<sup>st</sup> @ 12:05 = Very Rainy

Full Moon = 29<sup>th</sup> @ 15:35 = Changeable

DoP = July 15<sup>th</sup>: St Swithun

Highest Spring Tides: 15<sup>th</sup> – 19<sup>th</sup>

APOGEE: 25<sup>th</sup> @ 16:46      PERIGEE: 13<sup>th</sup> @ 07:51

Met Office Notes: None

BUCHAN NOTES: 29th June to 4th July cool period/ 12th -15th Warm period

FULL MOON THIS MONTH IS KNOWN AS BUCK MOON

Monthly Notes & Comments

1 <sup>st</sup>		If the first week of July be rainy weather -'twill rain more or less for a full four weeks'. It always rains on the first Friday in July.
3 <sup>rd</sup>	St Thomas	Rain today, rain for seven weeks. Commencement of dog days (to 28/8) hottest part of year.
4 <sup>th</sup> – 16 <sup>th</sup>	St Bullion	If fine and summery, the rest of the summer is likely to be fine. Start of dog days.
10 <sup>th</sup>		Celtic Knut the Reaper with hay cutting scythe worshipped. (hay making period).
14 <sup>th</sup>	St Processus & St Martinian	If it rains today it suffocates the corn, statistically the day with the highest average temperature.
15 <sup>th</sup>	St Swithun	DoP. Said to mark the weather for 40 days. Lily flowering day.
16 <sup>th</sup>	Lavender Day	Gather bunches of lavender to hang in wardrobes for perfume and to repel insects.
19 <sup>th</sup>	Flying Ant Day	The day the flying ants copulate in their thousands. males hatch before noon and females after noon.
20 <sup>th</sup>	St Margaret	If rain, then talk of Margaret's flood - see below. Poppy flowering day.

22 <sup>nd</sup>	St Mary Magdalene	Alluding to the wet, usually prevalent about the middle of July, the saying is 'St Mary is washing her handkerchief to go to her cousin's St James's, fair (25th). Rose flowering day.
25th	St James	'Til St James be come and gone, you may have hops and you may have none. English Oyster season officially begins today, celebrations at Whitstable, Kent.
29 <sup>th</sup> – 31 <sup>st</sup>		Can be very hot days

### General notes and comments.

The 'meadow month' or 'hay month' - traditional labour of month being haymaking.

July should be, and quite often is, a month of blazing sunshine and soaring temperatures.

Hay making and harvesting in full swing.

Dog-Days - the moist sultry days in a period of 20 days before and 20 days after the rising of the Dog-Star Sirius. If we are to have a summer at all, this is the most likely time.

Roughly from mid-July to the end of August, or, corn harvest time. Sirius is the brightest star in the heavens, and is one of those in the southern constellation Canis Major. As the Dog-days commence so they end. Bright and clear indicate a happy year, but accompanied by rain, for better times our hopes are vain.

St Swithuns Day (15th) if thou dost rain, full forty days it will remain.  
[this saying never comes true]

If on St Swithuns feast the welkin lours, and ever pent house streams with nasty showers,  
twice twenty days shall clouds their fleeces drain, and wash the pavements with incessant rain.

[not acceptable as continuous rain, but acceptable as showers/showery with bright intervals might be acceptable]

St Swithun's day is normally a 'bit of both' day, half sunny & half wet. 'Sunny intervals and showers.' Despite the 40 days rain tag, it is more accurate to say 'sunny intervals and showers.'

If it rains on St Swithuns Day. the saint is christening the apples, and they will be

sweet and plentiful.

Watch the weather from the 4th to 16th July. If it is fine and summery, the rest of summer is likely to be fine. [this is quite possibly true]

If about St Swithun's (15th) a change of weather takes place, we likely to have a spell of fine or wet weather.

When the sun enters Leo, the greatest heat then arise.  
In July, shear your rye.

When the Goats-Beard (wild flower) closes its flowers before mid-day, then there is rain in the air. If it stays late with its petals open, the atmosphere is dry and the weather set fair.

When the clover leaves are shut (even with clear sky and rising glass) and reaching for the sky, reach for your broolly. [very reliable]

St Margaret (20th) - so much rain often falls this day that people speak of Margarets Flood.

A shower in July when the corn begins to fill, is worth a plough of oxen, and that that belongs theretill.

Much thunder in July injures wheat and barley.

In July cut your rye.

What is to thrive in September must be baked in July. [grapes are a perfect example]

When the months of July, August and September are exceptionally hot, January will be the coldest month. [can be confirmed- but not always]

The first Friday in July is invariably wet. [4/5]

Fog in March -Thunder in July. [check previous readings]

A poor forecast for wheat indicates wet weather in July and August.

A swarm of bees is not worth a fly.

A swarm of bees in May is worth a load of hay; a swarm of bees in June is worth a silver spoon. A swarm of bees in July is not worth a fly.

FULL MOON THIS MONTH IS CALLED BUCK MOON, but is also known as thunder moon, deer moon or hay moon.

Tree of the month up-to 7th is Oak. Thereafter Holly is the tree.